Your provider would like to have your follow-up appointment via Tele-medicine. Please follow these instructions to have a successful visit.

- 1. On your smart phone either Iphone or Andriod, go into your Playstore or App store and download the Starleaf app(it will be blue with a white leaf)
- 2. You are going to enter your email address that you have given to the front desk
- 3. It will ask you if this is for your company and you can just hit continue anyway without filling that out.
- 4. You will need to enter your cell phone number
- 5. You will get an email that gives you a six digit code that will need entered.
- 6. Make sure the next few steps you allow all notifications, video, and audio.
- 7. Once you have completed this it will open to a screen that says meetings at the top.
- 8. When your provider schedules your appointment you will get a notification there and can hit the join (green button) to join your visit
- 9. It is recommended that if you have any vital taking devices at home (ie blood pressure cuff, scale, fitbit to check your pulse) to please do this prior to your appointment. And report these to your provider.